

THE ASTON BAKER
CUTTING
EDGE 2017

ADVANCED REJUVENATION
OF THE FACE, BREAST & BODY

37TH

AESTHETIC SURGERY SYMPOSIUM

THE SHERATON TIMES SQUARE HOTEL

NEW YORK, NEW YORK NOVEMBER 30 - DECEMBER 2, 2017

COURSE CHAIRMEN

SHERRELL J. ASTON, MD

DANIEL C. BAKER, MD

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COURSE DESCRIPTION

The Aston Baker Cutting Edge 2017 Aesthetic Surgery Symposium is a uniquely designed and innovative educational experience covering the most advanced techniques for total body rejuvenation and sculpting.

The program features 94 instructive surgical videos, 26 PowerPoint presentations, 13 panels, and 8 Point / Counter Point Debates. Attendees will see the hands-on work of our world-renowned faculty of international experts. The videos will be highly edited to highlight the key steps of advanced techniques for face and body rejuvenation and contouring. Thirteen panels will explore methods for facial and body rejuvenation and sculpting, comparing the complexity of procedures, technical details, longevity, complications and patient safety issues. Eight Point / Counter Point sessions will encourage debate between faculty members on philosophy, techniques, and controversial areas.

An Open Forum with the Faculty will permit audience participation, questions and discussion. A unique, first of its kind, opportunity will be given to registrants to demonstrate their questions to the faculty and audience. Patient safety, complications and long term results will be stressed throughout the symposium.

THE VIDEOS WILL DEMONSTRATE:

- The comparison of fat and fillers for facial contouring and rejuvenation
- Surgical and non-surgical forehead and brow rejuvenation
- Upper and lower lid blepharoplasty, including management of lateral canthus
- Variations in facelift techniques and anatomical considerations
- Neck corrections and contouring techniques
- Choices and results in non-surgical face and neck rejuvenation, injection techniques, and treatment of complications
- Procedures for breast augmentation, mastopexy, breast reduction, gynecomastia and correction of breast deformities
- Surgical sculpting of the abdomen, arms, back, thighs and buttocks, including the most advanced techniques for liposuction and fat grafting
- Surgical and non-surgical rejuvenation of the female genitalia

LEARNING OBJECTIVES

- Differentiate various techniques for forehead, supraorbital and periorbital rejuvenation and when to apply them.
- Recognize the technical details for various facelift and neck lift procedures.
- Discuss the technical details for breast augmentation, breast reduction, and breast correction procedures.
- Define surgical techniques for total body rejuvenation and sculpting, including female genitalia.
- Discuss and evaluate the advantages, disadvantages, and complications of current techniques for non-invasive and minimally invasive procedures for total body sculpting.
- Understand the benefits and complications of autologous fat injections, and the most often used facial fillers and neuromodulators.
- Prevent complications related to facial rejuvenation and total body sculpting.

FACULTY

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This program has been reviewed by the Educational Council and is officially Endorsed by the International Society of Aesthetic Plastic Surgery (ISAPS). Endorsement is not approval for Continuing Medical Education (CME) credit. The organizers may at their discretion provide separate CME credit.

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THE ASTON BAKER CUTTING EDGE 2017

THURSDAY, NOVEMBER 30, 2017

6:45–7:45 Continental Breakfast Served in Exhibit Halls

- 7:45 **Welcome and Introductory Remarks**
Sherrell J. Aston, MD and Daniel C. Baker, MD
- 8:00 **Fat Grafting Myths and Stem Cell Hype: Current Science and Perspectives on FDA Guidelines for the Use of Adipose Tissue**
Rod J. Rohrich, MD

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

POINT / COUNTERPOINT

- 8:10 **Fat Provides the Most Natural Results and Greatest Longevity for Facial Rejuvenation**
Timothy J. Marten, MD
- 8:20 **Microfat, SNIF (Sharp Needle Intradermal Fat Grafting) and Nanofat Grafting: from Volume Augmentation to Cell Therapy**
Patrick L. Tonnard, MD
- 8:30 **Modern Fillers Can Do Everything Fat Can Do Giving More Uniform Results**
Jeffrey M. Kenkel, MD
- 8:40 **The Role of Volumizing Filler in Facial Rejuvenation**
Lawrence S. Bass, MD
- 8:48 **Avoiding Catastrophic Complications of Fat and Filler**
Claudio L. DeLorenzi, MD
- 9:03 **Treating the Overfilled Cheeks, Lips, and Lower Eyelids**
Claudio L. DeLorenzi, MD
- 9:13 **Hyaluronidase Update: Dilution, Injection Techniques, Amount and Allergic Reactions**
Per Hedén, MD

- 9:20 **PANEL: Fat and Filler Longevity and Complications**
Panelists: Lawrence S. Bass, MD, Claudio L. DeLorenzi, MD, Per Heden, MD, Jeffrey M. Kenkel, MD, Timothy J. Marten, MD, Rod J. Rohrich, MD, Patrick L. Tonnard, MD

9:30-10:00 Coffee Served in Exhibit Halls

FOREHEAD AND BROW REJUVENATION

POINT / COUNTERPOINT

- 10:00 **Coronal and Endoscopic Brow Lifts Give Good Results in Selected Patients**
Sherrell J. Aston, MD
- 10:07 **Neurotoxins Are the Best and First Choice for Changing Brow Shape, Position and Providing the Most Control and Aesthetic Balance**
Jeffrey M. Kenkel, MD
- 10:15 **Hairline Lowering Alteration of the Brow / Forehead**
Warwick Nettle, MD
- 10:20 **Variations in Lateral Brow Lift: Subcutaneous, Subgaleal, Direct Excision**
Charles H. Thorne, MD
- 10:25 **Lifting of the Brow with Autologous Fat**
James M. Stuzin, MD
- 10:30 **PANEL: Will Surgical Brow Lifts Become Obsolete?**
Panelists: Sherrell J. Aston, MD, Jeffrey M. Kenkel, MD, Warwick Nettle, MD, James M. Stuzin, MD, Charles H. Thorne, MD

UPPER EYELID REJUVENATION

- 10:40 **Upper Blepharoplasty Based on Individual and Ethnic Variations of Anatomy**
James C. Grotting, MD
- 10:45 **How to Get Started with Eyelid Surgery: A Young Plastic Surgeon's Perspective**
Steven M. Levine, MD
- 10:50 **Upper Blepharoplasty: What to Resect? Skin, Muscle, Fat**
Michael R. Lee, MD
- 10:55 **Augmentation Blepharoplasty**
Patrick L. Tonnard, MD
- 11:00 **How to Correct the Over Operated Upper Eyelid**
Dino Elyassnia, MD

VARIATIONS IN LOWER EYELID PROCEDURES

- 11:05 **Transconjunctival Lower Blepharoplasty with Fat Repositioning**
Warwick Nettle, MD

- 11:10 **Extended Lower Lid Blepharoplasty for Eyelid and Midface Rejuvenation**
Patrick K. Sullivan, MD

- 11:15 **Lower Blepharoplasty with Fat Grafting**
Dino Elyassnia, MD

- 11:20 **Lower Lid Skin Pinch Combined with Fat Grafting and Laser Resurfacing**
Sherrell J. Aston, MD

POINT / COUNTERPOINT

- 11:25 **Lateral Canthal Surgery: Over Utilized, Often Unnecessary and Sometimes Disfiguring**
Daniel C. Baker, MD
- 11:35 **Lateral Canthal Suspension Should Be Part of Every Lower Eyelid Blepharoplasty**
Rod J. Rohrich, MD

- 11:45 **PANEL: Upper and Lower Blepharoplasty: Has Surgery Become Too Complicated? Indications, Complications and Longevity**
Panelists: Sherrell J. Aston, MD, Daniel C. Baker, MD, Dino Elyassnia, MD, James C. Grotting, MD, Jeffrey M. Kenkel, MD, Michael R. Lee, MD, Steven M. Levine, MD, Warwick Nettle, MD, Rod J. Rohrich, MD, Patrick K. Sullivan, MD, Patrick L. Tonnard, MD

12:00–12:30 LIGHTNING ROUND!

12:30–1:45 Lunch and Exhibit Halls Open

SHAPING OF THE FACE

- 1:45 **Choice and Variation in Facelift Incisions: Concealing the Evidence**
Steven M. Levine, MD
- 1:50 **Subcutaneous Facelift with SMAS Plication**
Warwick Nettle, MD
- 1:55 **SMASectomy and Buccal Fat Pad Removal to Correct a Round Face**
Marcelo Cunha Araújo, MD
- 2:00 **Sculpting the Fat Face - Buccal Fat Excision (Smascetomy, Liposuction)**
Daniel C. Baker, MD
- 2:05 **High SMAS Facial Contouring**
Michael R. Lee, MD
- 2:10 **Variations in SMAS Management Is the Best Approach for Difficult Patients**
Sherrell J. Aston, MD
- 2:15 **Correcting the Face with Extended SMAS Flaps and Autologous Fat Grafts**
James M. Stuzin, MD
- 2:20 **15 Year Evolution of the MACS Lift: What Works and What Doesn't**
Patrick L. Tonnard, MD
- 2:30 **Facelift with Hemostatic Net**
Andre Auersvald, MD
- 2:40 **Vector Choice and Variations in Facelifting**
Timothy J. Marten, MD
- 2:50 **New Directions in SMAS Plication**
James C. Grotting, MD
- 2:55 **Role of Ancillary Procedures in Facial Rejuvenation**
Rod J. Rohrich, MD

- 3:00 **PANEL: Are Most Facelifting Techniques Just a Variation on One Basic Theme? Is It the Technique or the Surgeon?**
Panelists: Marcelo Cunha Araújo, MD, Sherrell J. Aston, MD, Andre Auersvald, MD, Daniel C. Baker, MD, Michael R. Lee, MD, Steven M. Levine, MD, Timothy J. Marten, MD, Warwick Nettle, MD, Rod J. Rohrich, MD, James M. Stuzin, MD, Patrick L. Tonnard, MD

3:15–3:45 Coffee Served in Exhibit Halls

THE ULTIMATE CHALLENGE: CREATING A BEAUTIFUL NECK

- 3:45 **Platysma Procedures Based on Anatomy**
Sherrell J. Aston, MD
- 3:55 **Neck Lift Technique with Open Platysmaplasty**
Timothy J. Marten, MD

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- 4:05 **Sculpting the Neck**
Andre Auersvald, MD
- 4:15 **Correcting Anterior Digastric Fullness and Platysmaplasty**
Warwick Nettle, MD
- 4:20 **Reshaping Necks and Rethinking Concepts of Platysmaplasty**
Marcelo Cunha Araújo, MD
- 4:25 **Correcting the Neck with Composite Resection of Skin, Fat and Platysma**
Daniel C. Baker, MD
- 4:30 **Neck Contouring in Young Patients**
Arturo Ramirez-Montañana, MD

4:35 **PANEL: Managing the Unhappy Post-Op Neck Lift Patient, Skin Laxity and Recurring Bands**
Panelists: Marcelo Cunha Araújo, MD, Sherrell J. Aston, MD, Andre Auersvald, MD, Daniel C. Baker, MD, Timothy J. Marten, MD, Warwick Nettle, MD, Arturo Ramirez-Montañana, MD

NON-SURGICAL FACE AND NECK CORRECTION: COOLING, HEATING, INJECTION, ULTRASOUND, NEUROABLATION, SUCTION

POINT / COUNTERPOINT

- 4:45 **Cryolipolysis**
David P. Rapaport, MD
- 4:50 **Radiofrequency**
Christopher T. Chia, MD
- 4:55 **Deoxycholic Acid**
Steven A. Teitelbaum, MD
- 5:00 **Ultrasound**
Lawrence S. Bass, MD
- 5:05 **Neurotoxin**
Jeffrey M. Kenkel, MD
- 5:10 **Original Liposuction**
Daniel C. Baker, MD
- 5:15 **EBM Assessment of Non-Surgical Skin Tightening in Facial and Neck Rejuvenation**
Jeffrey M. Kenkel, MD

5:20 **PANEL: Cervical Tightening and Sculpting without Skin Excision**
Panelists: Daniel C. Baker, MD, Lawrence S. Bass, MD, Christopher T. Chia, MD, Jeffrey M. Kenkel, MD, David P. Rapaport, MD, Steven A. Teitelbaum, MD

5:30-6:00 **LIGHTNING ROUND!**

FRIDAY, DECEMBER 1, 2017

6:45-7:45 **Continental Breakfast Served in Exhibit Halls**

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

BREAST AUGMENTATION AND MASTOPEXY

POINT / COUNTERPOINT

- 7:30 **Why I Prefer Smooth Implants**
Jacob G. Unger, MD
- 7:35 **Why I Prefer Textured Implants**
Per Hedén, MD

POINT / COUNTERPOINT

- 7:40 **Subpectoral Augmentation: The Gold Standard**
William P. Adams Jr., MD
- 7:45 **Subglandular Augmentation: The Gold Standard**
Jamil Ahmad, MD
- 7:50 **What I Have Learned About Fat Augmentation of the Breast: Limitations, Donor Site Deformities, Reabsorption, Regrafting, and Long Term Results**
Daniel Del Vecchio, MD
- 8:00 **Implants Plus Autologous Fat for Primary Augmentation**
Per Hedén, MD
- 8:05 **Why I Abandoned Circumareolar Incision for Breast Augmentation**
Steven A. Teitelbaum, MD
- 8:15 **Augmentation with Grade 1 and 2 Ptosis Implant Selection**
William P. Adams Jr., MD

- 8:20 **Decision Making in Breast Lifting**
Constantino G. Mendieta, MD

8:25 **Augmentation Mastopexy: Do I Lift, Add, Subtract or Some of Each?**
James C. Grotting, MD

8:30 **Mastopexy with Auto Augmentation and Fat Grafting**
M. Bradley Calobrace, MD

8:35 **Revision Augmentation Mastopexy**
Jacob G. Unger, MD

8:45 **Correction of the Constricted and Tuberos Breast**
Holly C. Wall, MD

8:50 **Management of Animation Deformities**
M. Bradley Calobrace, MD

8:55 **Treating Bottoming Out Post Augmentation / Mastopexy**
Per Hedén, MD

9:00 **Management of Double Bubble Breast Deformities**
Jacob G. Unger, MD

9:05 **ALCL Current Status and FDA**
Steven A. Teitelbaum, MD

9:15 **PANEL: Decision Making and Complications in Breast Augmentation and Mastopexy**
Panelists: William P. Adams Jr., MD, Jamil Ahmad, MD, M. Bradley Calobrace, MD, Daniel Del Vecchio, MD, James C. Grotting, MD, Per Hedén, MD, Constantino G. Mendieta, MD, Steven A. Teitelbaum, MD, Jacob G. Unger, MD, Holly C. Wall, MD

9:30-10:00 **Coffee Served in Exhibit Halls**

BREAST REDUCTION AND GYNECOMASTIA

10:00 **Radiofrequency-Assisted (RFAL) Liposuction with Excision for Gynecomastia Under Local Anesthesia**
Christopher T. Chia, MD

10:07 **Aesthetic Approach and Surgical Treatment of Male Gynecomastia**
Alfredo E. Hoyos, MD

POINT / COUNTERPOINT

- 10:14 **Inferior Pedicle Breast Reduction**
Steven A. Teitelbaum, MD
- 10:22 **Inferior Pedicle Breast Reduction with Dermal Support**
William P. Adams Jr., MD
- 10:30 **Vertical Incision Breast Reduction**
Marcelo Cunha Araújo, MD

10:38 **Modified Inverted T Reduction for Maintaining Upper Pole Fullness**
Per Hedén, MD

10:46 **Breast Reduction with Implants**
Holly C. Wall, MD

10:54 **Maintaining Upper Pole Fullness in Breast Reduction**
Jacob G. Unger, MD

11:02 **PANEL: Breast Reduction and Gynecomastia Correction**
Panelists: William P. Adams Jr., MD, Marcelo Cunha Araújo, MD, Christopher T. Chia, MD, Per Hedén, MD, Alfredo E. Hoyos, MD, Steven A. Teitelbaum, MD, Jacob G. Unger, MD, Holly C. Wall, MD

11:25 - 11:55 **LIGHTNING ROUND!**

11:55 **A Tribute to Dr. Thomas D. Rees**

12:15-1:30 **Lunch**

ABDOMINAL SCULPTING AND BODY CONTOURING

1:30 **Pushing the Envelope on Patients Who Don't Want Abdominoplasty**
Alfredo E. Hoyos, MD

1:38 **High Definition Mini Abdominoplasty: An Alternative for Patients Who Are Not True Candidates for Abdominoplasty or Just Liposuction**
Alfredo E. Hoyos, MD

1:46 **Staged Abdominal Sculpting in the Obese Patient**
Daniel Del Vecchio, MD

1:54 **Using Hi-Definition Liposuction to Avoid Abdominoplasty in Selective Patients**
Daniel Del Vecchio, MD

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2:02 **3-Dimensional Body Contouring Liposuction, Abdominoplasty, Fat Grafting**
Alfredo E. Hoyos, MD

2:10 **Total Body Fat Grafting Guided by Patient Desires and Superficial Anatomy**
Constantino G. Mendieta, MD

ARMS, BACKS, THIGHS

2:18 **Liposuction Brachioplasty: Indications and Maximizing the Result**
Daniel Del Vecchio, MD

2:24 **Radiofrequency Assisted Liposuction (RFAL) of the Arms**
Spero J. Theodorou, MD

2:30 **Sculpting Back, Flanks and Love Handles**
Constantino G. Mendieta, MD

2:36 **Ultrasound Assisted Liposuction for Male Flanks and Love Handles**
Spero J. Theodorou, MD

2:45 **Defining Anterior, Posterior and Lateral Thighs**
Constantino G. Mendieta, MD

2:54 **High Definition Lipoplasty of Knees, Calves and Ankles**
Alfredo E. Hoyos, MD

3:00 **PANEL: Surgical Body Contouring**
Panelists: Daniel Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Spero J. Theodorou, MD

3:15–3:45 **Coffee Served in Exhibit Halls**

HOW MINIMALLY AND NON-INVASIVE DEVICES AND TECHNIQUES ENHANCE MY BODY SCULPTING PRACTICE

3:45 **Evaluating the Economics of New Technology in Your Practice: Who Makes Money? You or the Device Manufacturers?**
Barry DiBernardo, MD

4:05 **Establishing a Non-Surgical Center to Compliment Your Practice**
M. Bradley Calobrace, MD

4:15 **How I Developed a Non-Invasive Practice with Cryolipolysis: Costs, Limitations, Patient Satisfaction, Revisions**
David P. Rapaport, MD

4:25 **Treatment of Paradoxical Fat Hypertrophy Following Cryolipolysis**
Christopher T. Chia, MD

4:32 **Total Fat Destruction Following Cryolipolysis**
Jamil Ahmad, MD

4:39 **Ultrasound and Radiofrequency Assisted Liposuction under Local Anesthesia in an Office Based Setting. A Paradigm Shift.**
Spero J. Theodorou, MD

4:48 **Non-Invasive Contour Planning using a Hyperthermic Diode Laser**
Lawrence S. Bass, MD

4:57 **Treating Cellulite: Choices, Results, Longevity and Complications**
Barry DiBernardo, MD

5:05 **PANEL: Complications and Limitations of New Devices**
Panelists: Jamil Ahmad, MD, Lawrence S. Bass, MD, M. Bradley Calobrace, MD, Christopher T. Chia, MD, Barry DiBernardo, MD, David P. Rapaport, MD, Spero J. Theodorou, MD

5:30-6:00 **LIGHTNING ROUND!**

SATURDAY, DECEMBER 2, 2017

6:45–7:45 **Continental Breakfast Served in Exhibit Halls**

BUTTOCKS

7:30 **Ethnic Differences in Planning and Shaping Buttock Augmentation**
Constantino G. Mendieta, MD

7:35 **Scientific Basis of Large Volume Fat Grafting Why It Is Different than the Traditional Small Volume Augmentation**
Daniel Del Vecchio, MD

7:40 **Aesthetic Gluteal Contouring with Liposuction and Fat Grafting in Females**
Alfredo E. Hoyos, MD

7:45 **Technical Advances and Gluteal Augmentation Simultaneous Separation Tumescence (SST) Expansion Vibration Lipofilling (EVL)**
Daniel Del Vecchio, MD

7:55 **Shaping the Latino Buttock**
Constantino G. Mendieta, MD

8:05 **Shaping the Colombian Buttock**
Alfredo E. Hoyos, MD

8:10 **Shaping the African American Buttock**
Daniel Del Vecchio, MD

8:15 **Shaping the North American Caucasian Buttock**
Constantino G. Mendieta, MD

8:20 **Male Buttock Augmentation**
Alfredo E. Hoyos, MD

8:25 **Buttock Augmentation Using Local Anesthesia**
Spero J. Theodorou, MD

8:30 **Primary Buttock Augmentation Implants**
Douglas M. Senderoff, MD

8:35 **Buttock Implant Revisions**
Douglas M. Senderoff, MD

POINT / COUNTERPOINT

8:40 **Why I Stopped Using Buttock Implants**
Constantino G. Mendieta, MD

8:45 **Why I Prefer Buttock Implants**
Douglas M. Senderoff, MD

8:50 **Essential Anatomy to Prevent Fat Embolism During Buttock Fat Augmentation**
Arturo Ramirez-Montañana, MD

9:00 **PANEL: Evaluating the Risk of Buttock Augmentation**
Panelists: Daniel Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Arturo Ramirez-Montañana, MD, Douglas M. Senderoff, MD, Steven A. Teitelbaum, MD, Spero J. Theodorou, MD

9:30–10:00 **Coffee Served in Exhibit Halls**

REJUVENATION OF THE FEMALE GENITALIA

10:00 **The History of Rejuvenation of the Female Genitalia and the Quest for a Beautiful Vulva**
Stanley B. Burns, MD

10:25 **Surgical Rejuvenation of Female Genitalia**
Christine A. Hamori, MD

10:35 **Labiaplasty & Pelvic Rejuvenation: A Pelvic Surgeon's Perspective**
Elizabeth A. Poynor, MD

10:55 **Non-Surgical Rejuvenation of Female Genitalia**
Christine A. Hamori, MD

11:05 **Integrating Female Cosmetic Genital Surgery into Your Practice**
Jamil Ahmad, MD

11:15 **PANEL: Patient Satisfaction with Female Genital Rejuvenation**
Panelists: Jamil Ahmad, MD, Stanley B. Burns, MD, Christine A. Hamori, MD, Elizabeth A. Poynor, MD

11:30–12:00 **Lunch and Exhibit Halls Open**

OPEN FORUM WITH THE FACULTY

12:00 **Questions for the Faculty**

1:00-1:30 **LIGHTNING ROUND!**

1:30 **Dealing with the Unhappy Breast Augmentation Patient**
Steven A. Teitelbaum, MD

1:45 **PANEL: Dealing with the Unhappy Patient: Good and Bad Results (Yours or a Colleague's) Revisions, Fees, Lawsuits, Negative Internet Postings**
Panelists: Marcelo Cunha Araújo, MD, M. Bradley Calobrace, MD, Barry DiBernardo, MD, Constantino G. Mendieta, MD, Patrick K. Sullivan, MD, Steven A. Teitelbaum, MD, Holly C. Wall, MD

2:30 **Adjourn**

The Aston Baker Cutting Edge Symposium

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