

THE ASTON BAKER CUTTING EDGE 2018

WEDNESDAY, NOVEMBER 28, 2018

3:00-7:00 PM

Pre-Registration at The Hilton Midtown Hotel

THURSDAY, NOVEMBER 29, 2018

7:00-8:00 Continental Breakfast

7:40 **Welcome and Introductory Remarks**
Sherrell J. Aston, MD and Daniel C. Baker, MD

FATS AND FILLERS

- 7:45 **Evidence Based Fat Grafting - Efficious but Safe?**
Rod J. Rohrich, MD
- 8:00 **Fake Photography: Truth and Deception in Plastic Surgery You Are Being Played**
Val S. Lambros, MD
- 8:13 **Clinical Anatomy of the Upper Face for Fillers and Fat**
Jonathan M. Sykes, MD
- 8:23 **Clinical Anatomy of the Mid and Lower Face for Fillers and Fat**
Patrick Trévidic, MD
- 8:33 **Autologous Fat Grafting Long-Term Effects: A Growing Problem**
Val S. Lambros, MD
- 8:40 **Unpredictable Variables Of Fat Survival: How I Decide How Much Fat to Inject, When I Regraft**
Rod J. Rohrich, MD
- 8:45 **Lymphedema and Distorted Faces: Long Term Effects of Fillers**
Jeffrey M. Kenkel, MD
- 8:55 **Non-Surgical Treatment of the Over-Filled Face**
Per Hedén, MD
- 9:05 **Efficacy and Long-Term Biological Effect of Low Concentration Reconstituted HA Fillers**
Steven Fagien, MD

9:15 **PANEL: Fat and Fillers: Longevity and Complications**
Panelists: Giovanni Botti, MD, Steven Fagien, MD, Per Hedén, MD, Jeffrey M. Kenkel, MD, Val S. Lambros, MD, Rod J. Rohrich, MD, Jonathan M. Sykes, MD

9:30-10:00 Coffee Served in Exhibit Halls

FOREHEAD, BROW AND UPPER EYELIDS

- 10:00 **Neuromodulators: Choices, Longevity and Future Options**
Jeffrey M. Kenkel, MD
- 10:10 **Lifting the Brows With Autologous Fat**
Timothy J. Marten, MD
- 10:20 **Mistakes to Avoid in Upper Blepharoplasty**
Steven Fagien, MD
- 10:30 **Avoiding Skin Excision By Understanding Upper Eyelid Aesthetics and Using Tarsal Fixation**
Bryan G. Mendelson, MD
- 10:40 **Correcting the Over-Operated Upper Eyelid**
Patrick K. Sullivan, MD

LOWER EYELID

- 10:50 **Lower Lid Blepharoplasty: Anatomical Biomechanical Considerations**
Patrick Trévidic, MD
- 11:00 **Vertical Midface Lifting and Periorbital Anchoring in the Management of Lower Eyelid Retraction: A 10 Year Clinical Retrospective Study**
Giovanni Botti, MD

11:10 **Variations in Blepharoplasty Techniques: See if You Can Tell the Difference?**
Richard D. Lisman, MD

11:20 **PANEL: Has Blepharoplasty Become Too Complicated?**
Panelists: Giovanni Botti, MD, Steven Fagien, MD, Jeffrey M. Kenkel, MD, Richard D. Lisman, MD, Timothy J. Marten, MD, Bryan G. Mendelson, MD, Patrick K. Sullivan, MD, Patrick Trévidic, MD

MALAR MOUNDS AND EDEMA

- 11:35 **Correcting Malar Mounds, Malar Edema, and Festoons**
Giovanni Botti, MD
- 11:45 **Malar Mounds: Medical and Surgical Treatment**
Patrick Trévidic, MD
- 11:55 **Non-Surgical Management of Lower Eyelid Edema and Festoons**
Richard D. Lisman, MD

12:05-12:30 **LIGHTNING ROUND!**

12:30-1:45 Lunch and Exhibit Halls Open

FACE

- 1:45 **Concealing the Evidence: Choice of Facelift Incisions**
Steven M. Levine, MD
- 1:50 **Why are Intertragal Incisions So Poorly Executed?**
James M. Stuzin, MD
- 1:55 **How to Avoid Posterior Hairline Distortion**
Sherrell J. Aston, MD
- 2:00 **Avoiding Unnatural and Over-Operated Look: Lateral Sweep, Joker Lines, Wrong Vectors**
Val S. Lambros, MD
- 2:10 **How I Correct the Unnatural and Over-Operated Look Facelift Patient**
Timothy J. Marten, MD
- 2:20 **Surgery of the Superficial Musculoaponeurotic System Principles of Release, Vectors and Fixation**
Bryan G. Mendelson, MD
- 2:30 **Hematomas: Big and Small: Incidence, Avoidance and Treatment**
Rod J. Rohrich, MD
- 2:40 **Facial Nerve Injuries in Rhytidectomy: How to Avoid, How to Treat**
Daniel C. Baker, MD
- 2:45 **Facelift Complications: Infection, Skin Slough, Operating on Smokers**
Jonathan M. Sykes, MD
- 2:55 **PANEL: Practical Management of the Post-Operative Facelift Patient**
Panelists: Val S. Lambros, MD, Timothy J. Marten, MD, Bryan G. Mendelson, MD, Rod J. Rohrich, MD, James M. Stuzin, MD, Jonathan M. Sykes, MD

3:10-3:30 **LIGHTNING ROUND!**

3:30-4:00 Coffee Served in Exhibit Halls

NECK

4:00 **POINT / COUNTERPOINT: DEEP NECK SCULPTING**

Subplatysmal Sculpting Gives the Best Neck Result
Bryan G. Mendelson, MD

Why I Avoid Deep Neck Sculpting
Daniel C. Baker, MD

4:15 **How Much Do You Need to Do to the Neck?**
Patrick K. Sullivan, MD

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4:25 PANEL: Open or Closed Neck: How Do I Decide? How Would You Manage this Neck

Panelists: Giovanni Botti, MD, Timothy J. Marten, MD, Bryan G. Mendelson, MD, Rod J. Rohrich, MD, James M. Stuzin, MD, Jonathan M. Sykes, MD

4:45 Primary, Secondary, Tertiary Facelifts: Same Patient, Same Surgeon

Sherrell J. Aston, MD, Daniel C. Baker, MD, James M. Stuzin, MD

MINIMALLY INVASIVE AND NON-INVASIVE SCULPTING OF THE FACE AND NECK: COOLING, HEATING, INJECTION, ULTRASOUND, NEUROABLATION AND SUCTION

5:00 Fact or Fiction: Non-Invasive Skin Tightening of the Face and Neck

Jennifer L. Walden, MD

5:05 Minimally Invasive Aesthetic Treatments of the Neck

Barry DiBernardo, MD

5:15 Neck Cryolipolysis

David P. Rapaport, MD

5:20 Ultrasound and Deoxycholic Acid Neck Treatments

Lawrence S. Bass, MD

5:25 Radiofrequency Face and Neck Treatment: Is it a Facelift Result?

Christopher T. Chia, MD

5:30 Original Liposuction Gives Good Contour and Skin Contraction

Daniel C. Baker, MD

5:35 EBM Assessment of Non-Surgical Skin Tightening in Face and Neck Rejuvenation

Jeffrey M. Kenkel, MD

5:45 Neck-Lift Treatment with Section of the Platysma Nerve: Surgical Technique and Clinical Cases

Patrick Trévidic, MD

5:55 PANEL: New and Evolving Technology for Face and Neck Rejuvenation

Panelists: Lawrence S. Bass, MD, Christopher T. Chia, MD, Barry DiBernardo, MD, Jeffrey M. Kenkel, MD, David P. Rapaport, MD, Patrick Trévidic, MD, Jennifer L. Walden, MD

6:10 Video Presentation: Facial Rejuvenation in Perspective

Giovanni Botti, MD, Chiara Botti, MD

6:15-6:45 LIGHTNING ROUND!

FRIDAY, NOVEMBER 30, 2018

7:00-8:00 Continental Breakfast Served in Exhibit Halls

BREAST AUGMENTATION

8:00 POINT / COUNTERPOINT

Submammary Breast Augmentation
Frank Lista, MD

Subpectoral Breast Augmentation
Per Hedén, MD

8:15 Composite Breast Augmentation Longevity of Fat and Repeat Grafting

Daniel A. Del Vecchio, MD

8:25 Fat vs. Implants Alone and Together for Breast Augmentation and Augmentation Mastopexy

Jennifer L. Walden, MD

8:35 Complications of Autologous Fat Injections to Breast: Fat Necrosis, Donor Site Deformities, Infection, Resorption and Cysts

M. Bradley Calobrace, MD

8:45 Avoiding Bottoming Out and How to Treat

Per Hedén, MD

8:55 Clinical Evaluation and Management of Animation Deformities in Breast Surgery

M. Bradley Calobrace, MD

9:05 Explantation of Large Implants and Breast Reshaping without Implants

Per Hedén, MD

9:15 PANEL: Implant Preferences and New Options

Panelists: M. Bradley Calobrace, MD, Daniel A. Del Vecchio, MD, Per Hedén, MD, Frank Lista, MD, Jennifer L. Walden, MD

9:30-10:00 LIGHTNING ROUND!

10:00-10:30 Coffee Served in Exhibit Halls

10:30 Radiofrequency Assisted (RFAL) Liposuction with Excision for Gynecomastia Under Local Anesthesia

Christopher T. Chia, MD

10:40 Aesthetic Approach and Surgical Treatment of Male Gynecomastia

Alfredo E. Hoyos, MD

10:50 Correction of the Constricted and Tuberos Breast

M. Bradley Calobrace, MD

11:00 Minimally Invasive Devices for Breast Lifting

Barry DiBernardo, MD

11:10-11:30 LIGHTNING ROUND!

LIVE SURGERY

11:30-12:15 Composite Breast Augmentation

Daniel A. Del Vecchio, MD

12:15-1:30 Lunch

ABDOMEN AND BODY CONTOURING

1:30 Dynamic Definition Lipo Abdominoplasty Combining Multiple Layer Liposuction Fat Grafting, Muscle Plication and Neo-Umbilicoplasty

Alfredo E. Hoyos, MD

1:45 High Definition Liposuction to Enhance Abdominoplasty Results

Daniel A. Del Vecchio, MD

2:00 Liposculpture of Challenging Body Regions: Axilla, Back, Flanks, Love Handles

Constantino G. Mendieta, MD

2:10 High Definition Lipoplasty of the Knees, Calves and Ankles

Alfredo E. Hoyos, MD

BRACHIOPLASTY: MAKING THE RESULTS WORTH THE SCAR

2:20 POINT / COUNTERPOINT

The Invisible Scar
Rod J. Rohrich, MD

A Well-Placed Scar Gives the Best Results
Daniel C. Baker, MD

Scarless Brachioplasty
Spero J. Theodorou, MD

2:45 PANEL: My Most Common Revisions in Body Contouring

Panelists: Daniel A. Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Spero J. Theodorou, MD

3:00-3:30 Coffee Served in Exhibit Halls

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HOW MINIMALLY AND NON-INVASIVE TECHNIQUES ENHANCE MY PRACTICE

- 3:30 The Economics of New Technology in Your Practice: Who Makes Money? You or the Device Manufacturer?**
Barry DiBernardo, MD
- 3:45 A Non-Invasive Practice with Cryolipolysis: Costs, Limitations and Patient Satisfaction**
David P. Rapaport, MD
- 3:55 Complications of Cryolipolysis - Paradoxical Adipose Hyperplasia Incidence and Treatment**
Mark G. Albert, MD
- 4:05 Ultrasound and Radio Frequency Assisted Liposuction under Local Anesthesia in an Office Based Setting. A Paradigm Shift**
Spero J. Theodorou, MD
- 4:15 Radiofrequency Microneedling for Skin Rejuvenation**
Sherrell J. Aston, MD
- 4:20 Microneedling with PRP (Platelet Rich Plasma)**
Olivia Z. Hutchinson, MD
- 4:25 Microneedling for Skin Tightening**
Jeffrey M. Kenkel, MD
- 4:30 Hyperthermic Diode Laser vs. Advanced Radiofrequency for Non-Invasive Body Contouring**
Lawrence S. Bass, MD
- 4:40 Non-Surgical and Minimally Invasive Procedures in a Large Plastic Surgery Clinic**
Per Hedén, MD
- 4:50 The Minimally Invasive and Non-Invasive Device Graveyard: What Is Buried There?**
Barry DiBernardo, MD

5:00 PANEL: Which Is the Best Device to Incorporate in My Practice
Panelists: Mark G. Albert, MD, Lawrence S. Bass, MD, Barry DiBernardo, MD, Per Hedén, MD, Olivia Z. Hutchinson, MD, Jeffrey M. Kenkel, MD, David P. Rapaport, MD, Spero J. Theodorou, MD

5:30-6:00 LIGHTNING ROUND!

SATURDAY, DECEMBER 1, 2018

7:00-8:00 Continental Breakfast Served in Exhibit Halls

BUTTOCKS

- 7:30 Ethnic Differences in Planning and Shaping Buttock Augmentation**
Constantino G. Mendieta, MD
- 7:40 Scientific Basis for Large Gluteal Fat Grafting with Technical Advances Using Simultaneous Separation Tumescence (SST) and Expansion Vibration Lipofilling (EVL).**
Daniel A. Del Vecchio, MD
- 7:50 Aesthetic Gluteal Contouring with Liposuction and Fat Grafting in Females**
Alfredo E. Hoyos, MD
- 7:55 Shaping the African American Buttocks**
Daniel A. Del Vecchio, MD
- 8:00 Male Buttocks Augmentation**
Alfredo E. Hoyos, MD
- 8:05 North American Buttocks Augmentation Using Local Anesthesia**
Spero J. Theodorou, MD
- 8:10 Buttock Augmentation with Implants Implants and Autologous Fat**
Douglas M. Senderoff, MD
- 8:20 Buttock Implant Complications and Revisions**
Douglas M. Senderoff, MD

- 8:25 Essential Anatomy to Prevent Pulmonary Embolism, Intraoperative Diagnosis and Management**
Daniel A. Del Vecchio, MD

8:40 POINT / COUNTERPOINT

Why I Stopped Using Buttock Implants
Constantino G. Mendieta, MD

Why I Prefer Buttock Implants
Douglas M. Senderoff, MD

8:50 PANEL: Managing Complications of Buttock Augmentation: Fat Necrosis, Fat Resorption, Correction of Asymmetry and Infections and Repeat Fat Grafting
Panelists: Daniel A. Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Douglas M. Senderoff, MD, Spero J. Theodorou, MD

9:05-9:30 LIGHTNING ROUND!

9:30-10:00 Coffee Served in Exhibit Halls

REJUVENATION OF THE FEMALE GENITALIA

- 10:00 Psychological Issues and Social Mores In Female Genital Aesthetic Surgery: What is Normal?**
Jennifer L. Walden, MD
- 10:10 Labiaplasty the Basics: Trim vs. Wedge Resection**
Christine A. Hamori, MD
- 10:20 State of the Art Labiaplasty: How to Face the Demand for Perfection**
Stefan Gress, MD
- 10:30 Rejuvenation of the Labia Majora: Surgery, Fat and Fillers**
Christine A. Hamori, MD
- 10:40 Surgical Treatments to Enhance or Renew Female Sexual Stimulation**
Stefan Gress, MD
- 10:50 Non-Surgical Vaginal Rejuvenation: Does It Work?**
Jennifer L. Walden, MD
- 11:00 Correcting Iatrogenic Labia Minora Deformities**
Stefan Gress, MD

11:15 PANEL: How to Incorporate Aesthetic and Functional Labiaplasty in a Plastic Surgery Practice
Panelists: Stefan Gress, MD, Christine A. Hamori, MD, Jennifer L. Walden, MD

11:30-12:00 Boxed Lunch

LIVE SURGERY

- 12:00-1:00 Expansion Vibration Lipofilling (EVL) and Brazilian Butt Lift**
Daniel A. Del Vecchio, MD
- 1:00-1:45 Face and Neck Sculpting with Radio-Frequency Assisted Lipolysis (RFAL)**
Christopher T. Chia, MD
- 1:45-2:30 Arm Sculpting with Radio Frequency**
Spero J. Theodorou, MD
- 2:30 Adjourn - Thank you for joining us!**