

THE ASTON BAKER CUTTING EDGE 2017

THURSDAY, NOVEMBER 30, 2017

6:45–7:45 Continental Breakfast Served in Exhibit Halls

7:45 Welcome and Introductory Remarks
Sherrell J. Aston, MD and Daniel C. Baker, MD

8:00 Fat Grafting Myths and Stem Cell Hype: Current Science and Perspectives on FDA Guidelines for the Use of Adipose Tissue
Rod J. Rohrich, MD

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

POINT / COUNTERPOINT

8:10 Fat Provides the Most Natural Results and Greatest Longevity for Facial Rejuvenation
Timothy J. Marten, MD

8:20 Microfat, SNIF (Sharp Needle Intradermal Fat Grafting) and Nanofat Grafting: from Volume Augmentation to Cell Therapy
Patrick L. Tonnard, MD

8:30 Modern Fillers Can Do Everything Fat Can Do Giving More Uniform Results
Jeffrey M. Kenkel, MD

8:40 The Role of Volumizing Filler in Facial Rejuvenation
Lawrence S. Bass, MD

8:48 Avoiding Catastrophic Complications of Fat and Filler
Claudio L. DeLorenzi, MD

9:03 Treating the Overfilled Cheeks, Lips, and Lower Eyelids
Claudio L. DeLorenzi, MD

9:13 Hyaluronidase Update: Dilution, Injection Techniques, Amount and Allergic Reactions
Per Hedén, MD

9:20 **PANEL: Fat and Filler Longevity and Complications**
Panelists: Lawrence S. Bass, MD, Claudio L. DeLorenzi, MD, Per Hedén, MD, Jeffrey M. Kenkel, MD, Timothy J. Marten, MD, Rod J. Rohrich, MD, Patrick L. Tonnard, MD

9:30–10:00 Coffee Served in Exhibit Halls

FOREHEAD AND BROW REJUVENATION

POINT / COUNTERPOINT

10:00 Coronal and Endoscopic Brow Lifts Give Good Results in Selected Patients
Sherrell J. Aston, MD

10:07 Neurotoxins Are the Best and First Choice for Changing Brow Shape, Position and Providing the Most Control and Aesthetic Balance
Jeffrey M. Kenkel, MD

10:15 Hairline Lowering Alteration of the Brow / Forehead
Warwick Nettle, MD

10:20 Variations in Lateral Brow Lift: Subcutaneous, Subgaleal, Direct Excision
Charles H. Thorne, MD

10:25 Lifting of the Brow with Autologous Fat
James M. Stuzin, MD

10:30 **PANEL: Will Surgical Brow Lifts Become Obsolete?**
Panelists: Sherrell J. Aston, MD, Jeffrey M. Kenkel, MD, Warwick Nettle, MD, James M. Stuzin, MD, Charles H. Thorne, MD

UPPER EYELID REJUVENATION

10:40 Upper Blepharoplasty Based on Individual and Ethnic Variations of Anatomy
James C. Grotting, MD

10:45 How to Get Started with Eyelid Surgery: A Young Plastic Surgeon's Perspective
Steven M. Levine, MD

10:50 Upper Blepharoplasty: What to Resect? Skin, Muscle, Fat
Michael R. Lee, MD

10:55 Augmentation Blepharoplasty
Patrick L. Tonnard, MD

11:00 How to Correct the Over Operated Upper Eyelid
Dino Elyassnia, MD

VARIATIONS IN LOWER EYELID PROCEDURES

11:05 Transconjunctival Lower Blepharoplasty with Fat Repositioning
Warwick Nettle, MD

11:10 Extended Lower Lid Blepharoplasty for Eyelid and Midface Rejuvenation
Patrick K. Sullivan, MD

11:15 Lower Blepharoplasty with Fat Grafting
Dino Elyassnia, MD

11:20 Lower Lid Skin Pinch Combined with Fat Grafting and Laser Resurfacing
Sherrell J. Aston, MD

POINT / COUNTERPOINT

11:25 Lateral Canthal Surgery: Over Utilized, Often Unnecessary and Sometimes Disfiguring
Daniel C. Baker, MD

11:35 Lateral Canthal Suspension Should Be Part of Every Lower Eyelid Blepharoplasty
Rod J. Rohrich, MD

11:45 **PANEL: Upper and Lower Blepharoplasty: Has Surgery Become Too Complicated? Indications, Complications and Longevity**
Panelists: Sherrell J. Aston, MD, Daniel C. Baker, MD, Dino Elyassnia, MD, James C. Grotting, MD, Jeffrey M. Kenkel, MD, Michael R. Lee, MD, Steven M. Levine, MD, Warwick Nettle, MD, Rod J. Rohrich, MD, Patrick K. Sullivan, MD, Patrick L. Tonnard, MD

12:00–12:30 LIGHTNING ROUND!

12:30–1:45 Lunch and Exhibit Halls Open

SHAPING OF THE FACE

1:45 Choice and Variation in Facelift Incisions: Concealing the Evidence
Steven M. Levine, MD

1:50 Subcutaneous Facelift with SMAS Plication
Warwick Nettle, MD

1:55 SMASectomy and Buccal Fat Pad Removal to Correct a Round Face
Marcelo Cunha Araújo, MD

2:00 Sculpting the Fat Face - Buccal Fat Excision (Smascetomy, Liposuction)
Daniel C. Baker, MD

2:05 High SMAS Facial Contouring
Michael R. Lee, MD

2:10 Variations in SMAS Management Is the Best Approach for Difficult Patients
Sherrell J. Aston, MD

2:15 Correcting the Face with Extended SMAS Flaps and Autologous Fat Grafts
James M. Stuzin, MD

2:20 15 Year Evolution of the MACS Lift: What Works and What Doesn't
Patrick L. Tonnard, MD

2:30 Facelift with Hemostatic Net
Andre Auersvald, MD

2:40 Vector Choice and Variations in Facelifting
Timothy J. Marten, MD

2:50 New Directions in SMAS Plication
James C. Grotting, MD

2:55 Role of Ancillary Procedures in Facial Rejuvenation
Rod J. Rohrich, MD

3:00 **PANEL: Are Most Facelifting Techniques Just a Variation on One Basic Theme? Is It the Technique or the Surgeon?**
Panelists: Marcelo Cunha Araújo, MD, Sherrell J. Aston, MD, Andre Auersvald, MD, Daniel C. Baker, MD, Michael R. Lee, MD, Steven M. Levine, MD, Timothy J. Marten, MD, Warwick Nettle, MD, Rod J. Rohrich, MD, James M. Stuzin, MD, Patrick L. Tonnard, MD

3:15–3:45 Coffee Served in Exhibit Halls

THE ULTIMATE CHALLENGE: CREATING A BEAUTIFUL NECK

3:45 Platysma Procedures Based on Anatomy
Sherrell J. Aston, MD

3:55 Neck Lift Technique with Open Platysmaplasty
Timothy J. Marten, MD

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- 4:05 **Sculpting the Neck**
Andre Auersvald, MD
- 4:15 **Correcting Anterior Digastric Fullness and Platysmaplasty**
Warwick Nettle, MD
- 4:20 **Reshaping Necks and Rethinking Concepts of Platysmaplasty**
Marcelo Cunha Araújo, MD
- 4:25 **Correcting the Neck with Composite Resection of Skin, Fat and Platysma**
Daniel C. Baker, MD
- 4:30 **Neck Contouring in Young Patients**
Arturo Ramirez-Montañana, MD

4:35 **PANEL: Managing the Unhappy Post-Op Neck Lift Patient, Skin Laxity and Recurring Bands**
Panelists: Marcelo Cunha Araújo, MD, Sherrell J. Aston, MD, Andre Auersvald, MD, Daniel C. Baker, MD, Timothy J. Marten, MD, Warwick Nettle, MD, Arturo Ramirez-Montañana, MD

NON-SURGICAL FACE AND NECK CORRECTION: COOLING, HEATING, INJECTION, ULTRASOUND, NEUROABLATION, SUCTION

POINT / COUNTERPOINT

- 4:45 **Cryolipolysis**
David P. Rapaport, MD
- 4:50 **Radiofrequency**
Christopher T. Chia, MD
- 4:55 **Deoxycholic Acid**
Steven A. Teitelbaum, MD
- 5:00 **Ultrasound**
Lawrence S. Bass, MD
- 5:05 **Neurotoxin**
Jeffrey M. Kenkel, MD
- 5:10 **Original Liposuction**
Daniel C. Baker, MD
- 5:15 **EBM Assessment of Non-Surgical Skin Tightening in Facial and Neck Rejuvenation**
Jeffrey M. Kenkel, MD

5:20 **PANEL: Cervical Tightening and Sculpting without Skin Excision**
Panelists: Daniel C. Baker, MD, Lawrence S. Bass, MD, Christopher T. Chia, MD, Jeffrey M. Kenkel, MD, David P. Rapaport, MD, Steven A. Teitelbaum, MD

5:30-6:00 **LIGHTNING ROUND!**

FRIDAY, DECEMBER 1, 2017

6:45-7:45 **Continental Breakfast Served in Exhibit Halls**

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

BREAST AUGMENTATION AND MASTOPEXY

POINT / COUNTERPOINT

- 7:30 **Why I Prefer Smooth Implants**
G. Patrick Maxwell, MD
- 7:35 **Why I Prefer Textured Implants**
Per Hedén, MD

POINT / COUNTERPOINT

- 7:40 **Subpectoral Augmentation: The Gold Standard**
William P. Adams Jr., MD
- 7:45 **Subglandular Augmentation: The Gold Standard**
Jamil Ahmad, MD
- 7:50 **What I Have Learned About Fat Augmentation of the Breast: Limitations, Donor Site Deformities, Reabsorption, Re-grafting, and Long Term Results**
Daniel Del Vecchio, MD
- 8:00 **Implants Plus Autologous Fat for Primary Augmentation**
Per Hedén, MD
- 8:05 **Why I Abandoned Circumareolar Incision for Breast Augmentation**
Steven A. Teitelbaum, MD
- 8:15 **Augmentation with Grade 1 and 2 Ptois Implant Selection**
William P. Adams Jr., MD

- 8:20 **Decision Making in Breast Lifting**
Constantino G. Mendieta, MD
- 8:25 **Augmentation Mastopexy: Do I Lift, Add, Subtract or Some of Each?**
James C. Grotting, MD
- 8:30 **Mastopexy with Auto Augmentation and Fat Grafting**
M. Bradley Calobrace, MD
- 8:35 **Revision Augmentation Mastopexy**
G. Patrick Maxwell, MD
- 8:45 **Correction of the Constricted and Tuberos Breast**
Holly C. Wall, MD
- 8:50 **Management of Animation Deformities**
M. Bradley Calobrace, MD
- 8:55 **Treating Bottoming Out Post Augmentation / Mastopexy**
Per Hedén, MD
- 9:00 **Management of Double Bubble Breast Deformities**
G. Patrick Maxwell, MD
- 9:05 **ALCL Current Status and FDA**
Steven A. Teitelbaum, MD

9:15 **PANEL: Decision Making and Complications in Breast Augmentation and Mastopexy**
Panelists: William P. Adams Jr., MD, Jamil Ahmad, MD, M. Bradley Calobrace, MD, Daniel Del Vecchio, MD, James C. Grotting, MD, Per Hedén, MD, G. Patrick Maxwell, MD, Constantino G. Mendieta, MD, Steven A. Teitelbaum, MD, Holly C. Wall, MD

9:30-10:00 **Coffee Served in Exhibit Halls**

BREAST REDUCTION AND GYNECOMASTIA

- 10:00 **Radiofrequency-Assisted (RFAL) Liposuction with Excision for Gynecomastia Under Local Anesthesia**
Christopher T. Chia, MD
- 10:07 **Aesthetic Approach and Surgical Treatment of Male Gynecomastia**
Alfredo E. Hoyos, MD

POINT / COUNTERPOINT

- 10:14 **Inferior Pedicle Breast Reduction**
Steven A. Teitelbaum, MD
- 10:22 **Superior Pedicle Breast Reduction**
William P. Adams Jr., MD
- 10:30 **Vertical Incision Breast Reduction**
Marcelo Cunha Araújo, MD

- 10:38 **Modified Inverted T Reduction for Maintaining Upper Pole Fullness**
Per Hedén, MD
- 10:46 **Breast Reduction with Implants**
Holly C. Wall, MD
- 10:54 **Maintaining Upper Pole Fullness in Breast Reduction**
G. Patrick Maxwell, MD
- 11:02 **Breast Reduction with Tissue Equalization Utilizing Safe Liposuction**
Simeon Wall Jr., MD

11:10 **PANEL: Breast Reduction and Gynecomastia Correction**
Panelists: William P. Adams Jr., MD, Marcelo Cunha Araújo, MD, Christopher T. Chia, MD, Per Hedén, MD, Alfredo E. Hoyos, MD, G. Patrick Maxwell, MD, Steven A. Teitelbaum, MD, Holly C. Wall, MD, Simeon Wall Jr., MD

11:25 - 11:55 **LIGHTNING ROUND!**

11:55 **The Dr. Thomas D. Rees Lecture**

12:15-1:30 **Lunch**

ABDOMINAL SCULPTING AND BODY CONTOURING

- 1:30 **Pushing the Envelope on Patients Who Don't Want Abdominoplasty**
Simeon Wall Jr., MD
- 1:38 **High Definition Mini Abdominoplasty: An Alternative for Patients Who Are Not True Candidates for Abdominoplasty or Just Liposuction**
Alfredo E. Hoyos, MD
- 1:46 **Staged Abdominal Sculpting in the Obese Patient**
Daniel Del Vecchio, MD

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- 1:54 **Abdominoplasty with Full Circumferential SAFE Liposuction and Fat Grafting**
Simeon Wall Jr., MD
- 2:02 **3-Dimensional Body Contouring Liposuction, Abdominoplasty, Fat Grafting**
Alfredo E. Hoyos, MD
- 2:10 **Total Body Fat Grafting Guided by Patient Desires and Superficial Anatomy**
Constantino G. Mendieta, MD

ARMS, BACKS, THIGHS

- 2:18 **Liposuction Brachioplasty: Indications and Maximizing the Result**
Daniel Del Vecchio, MD
- 2:24 **Radiofrequency Assisted Liposuction (RFAL) of the Arms**
Spero J. Theodorou, MD
- 2:30 **Sculpting Back, Flanks and Love Handles**
Constantino G. Mendieta, MD
- 2:36 **Ultrasound Assisted Liposuction for Male Flanks and Love Handles**
Spero J. Theodorou, MD
- 2:42 **Thigh Contouring with Circumferential SAFE Liposuction**
Simeon Wall Jr., MD
- 2:48 **Defining Anterior, Posterior and Lateral Thighs**
Constantino G. Mendieta, MD
- 2:54 **High Definition Lipoplasty of Knees, Calves and Ankles**
Alfredo E. Hoyos, MD

3:00 **PANEL: Surgical Body Contouring**
Panelists: Daniel Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Spero J. Theodorou, MD, Simeon Wall Jr., MD

3:15–3:45 Coffee Served in Exhibit Halls

HOW MINIMALLY AND NON-INVASIVE DEVICES AND TECHNIQUES ENHANCE MY BODY SCULPTING PRACTICE

- 3:45 **Evaluating the Economics of New Technology in Your Practice: Who Makes Money? You or the Device Manufacturers?**
Barry DiBernardo, MD
- 4:05 **Establishing a Non-Surgical Center to Compliment Your Practice**
M. Bradley Calobrace, MD
- 4:15 **How I Developed a Non-Invasive Practice with Cryolipolysis: Costs, Limitations, Patient Satisfaction, Revisions**
David P. Rapaport, MD
- 4:25 **Treatment of Paradoxical Fat Hypertrophy Following Cryolipolysis**
Christopher T. Chia, MD
- 4:32 **Total Fat Destruction Following Cryolipolysis**
Jamil Ahmad, MD
- 4:39 **Ultrasound and Radiofrequency Assisted Liposuction under Local Anesthesia in an Office Based Setting. A Paradigm Shift.**
Spero J. Theodorou, MD
- 4:48 **Non-Invasive Contour Planning using a Hyperthermic Diode Laser**
Lawrence S. Bass, MD
- 4:57 **Treating Cellulite: Choices, Results, Longevity and Complications**
Barry DiBernardo, MD

5:05 **PANEL: Complications and Limitations of New Devices**
Panelists: Jamil Ahmad, MD, Lawrence S. Bass, MD, M. Bradley Calobrace, MD, Christopher T. Chia, MD, Barry DiBernardo, MD, David P. Rapaport, MD, Spero J. Theodorou, MD

5:30-6:00 **LIGHTNING ROUND!**

Friday Evening Program by Allergan

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SATURDAY, DECEMBER 2, 2017

6:45–7:45 Continental Breakfast Served in Exhibit Halls

BUTTOCKS

- 7:30 **Ethnic Differences in Planning and Shaping Buttock Augmentation**
Constantino G. Mendieta, MD
- 7:35 **Scientific Basis of Large Volume Fat Grafting. Why It Is Different than the Traditional Small Volume Augmentation**
Daniel Del Vecchio, MD

- 7:40 **Aesthetic Gluteal Contouring with Liposuction and Fat Grafting in Females**
Alfredo E. Hoyos, MD
- 7:45 **Technical Advances and Gluteal Augmentation Simultaneous Separation Tumescence (SST) Expansion Vibration Lipofilling (EVL)**
Daniel Del Vecchio, MD

- 7:55 **Targeted Autologous Fat Grafting for Aesthetic Buttock Contouring**
Simeon Wall Jr., MD
- 8:00 **Shaping the Latino Buttock**
Constantino G. Mendieta, MD
- 8:05 **Shaping the Colombian Buttock**
Alfredo E. Hoyos, MD
- 8:10 **Shaping the African American Buttock**
Daniel Del Vecchio, MD
- 8:15 **Shaping the North American Caucasian Buttock**
Simeon Wall Jr., MD
- 8:20 **Male Buttock Augmentation**
Alfredo E. Hoyos, MD
- 8:25 **Buttock Augmentation Using Local Anesthesia**
Spero J. Theodorou, MD
- 8:30 **Primary Buttock Augmentation Implants**
Douglas M. Senderoff, MD
- 8:35 **Buttock Implant Revisions**
Douglas M. Senderoff, MD

POINT / COUNTERPOINT

- 8:40 **Why I Stopped Using Buttock Implants**
Constantino G. Mendieta, MD
- 8:45 **Why I Prefer Buttock Implants**
Douglas M. Senderoff, MD
- 8:50 **Essential Anatomy to Prevent Fat Embolism During Buttock Fat Augmentation**
Arturo Ramirez-Montañana, MD

9:00 **PANEL: Evaluating the Risk of Buttock Augmentation**
Panelists: Daniel Del Vecchio, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Arturo Ramirez-Montañana, MD, Douglas M. Senderoff, MD, Steven A. Teitelbaum, MD, Spero J. Theodorou, MD, Simeon Wall Jr., MD

9:30–10:00 Coffee Served in Exhibit Halls

REJUVENATION OF THE FEMALE GENITALIA

- 10:00 **The History of Rejuvenation of the Female Genitalia and the Quest for a Beautiful Vulva**
Stanley B. Burns, MD
- 10:25 **Surgical Rejuvenation of Female Genitalia**
Christine A. Hamori, MD
- 10:35 **Labiaplasty & Pelvic Rejuvenation: A Pelvic Surgeon's Perspective**
Elizabeth A. Poynor, MD
- 10:55 **Non-Surgical Rejuvenation of Female Genitalia**
Christine A. Hamori, MD
- 11:05 **Integrating Female Cosmetic Genital Surgery into Your Practice**
Jamil Ahmad, MD

11:15 **PANEL: Patient Satisfaction with Female Genital Rejuvenation**
Panelists: Jamil Ahmad, MD, Stanley B. Burns, MD, Christine A. Hamori, MD, Elizabeth A. Poynor, MD

11:30–12:00 Lunch and Exhibit Halls Open

OPEN FORUM WITH THE FACULTY

12:00 Questions for the Faculty

1:00-1:30 **LIGHTNING ROUND!**

- 1:30 **Dealing with the Unhappy Breast Augmentation Patient**
Steven A. Teitelbaum, MD

1:45 **PANEL: Dealing with the Unhappy Patient: Good and Bad Results (Yours or a Colleague's) Revisions, Fees, Lawsuits, Negative Internet Postings**
Panelists: Marcelo Cunha Araújo, MD, M. Bradley Calobrace, MD, Barry DiBernardo, MD, Constantino G. Mendieta, MD, Patrick K. Sullivan, MD, Steven A. Teitelbaum, MD, Holly C. Wall, MD

2:30 Adjourn